

Excellence through a caring, learning community



Martie Flores, Year 11

Dear Parent/Carer

Welcome to the bumper summer edition of our glossy newsletter and a huge thank you to all of our contributors, particularly to Mrs Buxton who has done another fantastic job putting the newsletter together.

The summer term seems to have gone by in a flash and it really is fantastic to read through this edition and to see how much our staff and students have achieved together during the last few months. As I read through this edition, I couldn't help but smile and be impressed by the number of articles that showed our students grabbing hold of opportunities. As you work your way through the newsletter, I'm sure you will also be amazed at the stories of teamwork, positivity, leadership, success and community spirit which seem to appear on every page.

I would like to take this opportunity to thank Brockhole who have kindly agreed for us to store our canoes in their grounds and to use the water off their shore. This has already had a big impact on our students and also the students at our local primary schools who have already been making use of the canoes with our staff.

Enjoy reading our newsletter and we wish you a relaxing summer.

Kind regards

**Andy Cunningham**

Headteacher

## Dießen am Ammersee - 2014

As you can see from the photographs, Year 8 students had a wonderful time on our annual visit to Diessen. They received a lovely welcome from both students and staff at the Carl Off Schule.



Indiana and Harrison M-Green at Neuschwanstein Castle



Rideau - Lake Ammersee



A day in Munich - Lauren Bateman, Lucie Staniek, Holly Ransome, Robyn Allen and Rosie Wainwright



Andrew Brotherton, Tom Hibbitt, Kyle Graham and Matt Axford

# Year 10 Work Experience



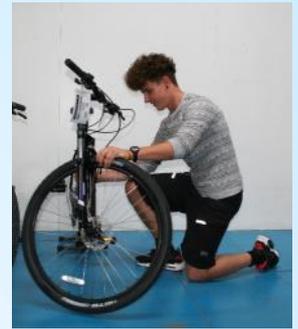
**Vianca Razon - Lakeland**



**Angus Hoskin - Lakes Leisure**



**Beck Naylor - Wheelbase**



**Eleanor Williamson at Kendal Upholstery**

## Year 10 Work Experience

The Lakes School has always encouraged students to have a week's work experience in Year 10. In the present economic climate the value of this week has become increasingly important so that students start early in preparation for finding a job in a sector or area they enjoy. In recent years students have gone on to be offered apprenticeships, as well as full and part-time work after work experience week. This year the students have been fantastic in selecting their opportunities and they ranged from veterinary science, mechanical engineering, upholstery, landscape gardening and caring for the elderly. We have even had a student working for a theatre group in Hertfordshire! The aim of the work experience is to give students a real insight into the working world, a taste of that particular job and a chance to find out how to move into that career when they leave us. Well done to the students and thank you to all the employers who have taken students this year.

**Mrs T Murray, Careers Co-ordinator**



**Joshua Davies - Low Wood Water Sports Centre**



**Ewan Spedding - Kentdale Landrover**



**Joseph Slater at Windermere Lake Cruises**



**Joseph Skelding working at Coopers Engraving**



**Daniel Sykes - testing out the pool lounge at The Low Wood Leisure Centre!**



**Jack Tyson working hard at The Samling**



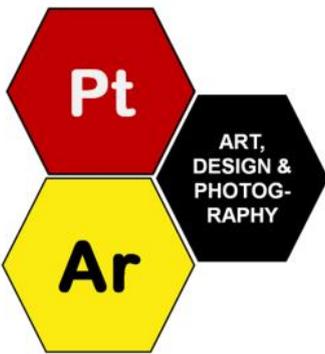
**James Fitzsimons helping out at Levens Hall Garden**



**Eden White at Gillling Reane Care Home**



**Isobel Fayers with Ash Cartwright at Abbot Hall Art Gallery**



### Year 8 Art in the Landscape Enrichment Days

In their Art lessons Year 8 have been exploring the theme of landscape, looking particularly at the local landscape and recording using traditional art media (including photography). On Friday 4 July to Monday 7 July the whole year group was given the opportunity to work with department staff to look at the theme from a more experimental angle.

Our students worked both in the school grounds, at Holehird Gardens (thanks to the hospitality of the Lakes Horticultural Society) and St Catherine's Wood/The Footprint (The National Trust). We studied the story of Kurt Schwitters, an

internationally famous artist who spent the last years of his life living in Ambleside – the work in response to this will be displayed in the school's library balcony gallery later in the year.

Once again, feedback from the artists and members of the public/staff at Holehird Gardens was incredibly positive. I would personally like to extend massive thanks to all the staff that supported us on the day and helped to make it such an enjoyable experience.



Above are some of the students' best work from 2014



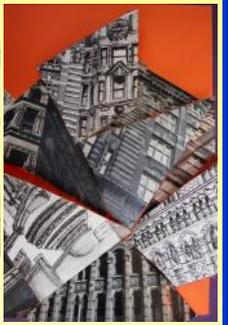
Images by Martie Flores – of course we are expecting her to get an A\*!

### Lakes School Art Student Nominated for Cumbrian Young Artist of the Year

The Young C-ART programme aims to promote and celebrate Cumbria's young artists and help with the development of their art practice and careers. Cumbrian artists aged 15-24 were invited to enter and shortlisted entries are featured in the 'Young C-Art' section of the website. A panel of arts professionals will select an overall winner and announce the 'Young Cumbrian Artist of the Year' at the C-Art launch event in September.

We are really excited because Year 11 student **Martie Flores** has been shortlisted for this prestigious prize; her work can be seen online at [c-art.org.uk/artists/martie-louise-flores/gallery](http://c-art.org.uk/artists/martie-louise-flores/gallery) and also on display around the school. Her artwork is also featured on the front cover of this newsletter.





### A Level Photography Project with English Lakes Hotels



We were invited to The Waterhead Hotel in Ambleside to take part in a photographic project with English Lakes Hotels. We had already visited the hotel for a pre-shoot (this visit was only short but included a brief tour of the hotel and introduction to the staff). The staff were welcoming and the hotel was amazing, with luxury rooms and fantastic views. Our task on Friday was to pick various themes and take a number of photos showing these themes. When taking the photos I got a bit carried away and followed many themes, my main one being reflections. One of the main subjects in my photos are the fabulous cocktails that are served at the bar.



These were brilliant to photograph because of their exciting colours and exotic fruit. We also got to have a try and they taste even better than they look!

**“Some outrageous cocktails (non-alcoholic!) were consumed and many thousands of pictures taken.”**

**Chloe Ackers, Year 12**

*A blog relating to the project will be appearing on <http://blog.englishlakes.co.uk/tag/hotels/> soon*

**Mr R Hardy, Head of Art and Photography**



**See a selection of our advanced level artists' / photographers' work on:**  
**[pinterest.com/thelakesartdept/art-and-design-our-students-sork/](http://pinterest.com/thelakesartdept/art-and-design-our-students-sork/)**

# Geography Department

As part of their enrichment programme Year 7 geographers visited Easedale Tarn. As usual we had fantastic weather and the students spent a few hours learning how glaciation played a part in shaping the dramatic scenery of the Lake District.

Students and staff had a wonderful picnic at the top and couldn't resist a quick paddle to cool down tired feet! We headed back to Grasmere just in time for ice-creams to finish off the day.

Next term the students will use the information they gathered to complete a glaciation project in which they will create clay models of glacial features observed at Easedale. The pictures show examples of this work completed by our current Year 8 students.

**Mr R Griffiths, Director of Progress for Rothay**



### Carl Orff School visit

At the end of last term, The Lakes School welcomed 40 students and 5 staff from the Carl Orff Schule in Diessen am Amersee, Windermere's twin town in Germany.



Our visitors were met by our Year 9 students, who went to Diessen last year, and our Year 11 students studying GCSE German. They were also greeted by Mr Cunningham who gave a very impressive welcome in German! This was followed by Caitlin Storey singing a beautiful song from Miss Saigon.

The German party was then shown around school by our students and they were very impressed by the small class sizes and how smart and friendly our students were. We then took a short walk up Sun Field and out onto the Patterdale Road to take some photographs with the students overlooking the lake and the school.



A brisk walk back to school was followed by an early lunch and the German party left to do some shopping in Bowness in the afternoon.

In the evening we all returned to school for a game of rounders and a team building exercise. This involved the students being put into small groups with the task of designing an outfit made out of paper. They had 10 minutes to put this together before they were put on the cat walk ready for judging.

We look forward to our return visit in July when 36 Year 8 students and 5 staff are going to visit our German friends in Diessen. This is an annual trip and we hope many of our present Year 7 students will take advantage of this cultural experience in 2015.

We would like to thank the Twinning Association for providing some very welcome refreshments and we would also like to thank all our students for ensuring our visitors had a special time.

**Mr S Field, Director of Progress for Brathay**

### Fantasia June 2014

We welcomed our local primary schools to a morning of rehearsals on Tuesday 24 June in preparation for the big night!

What a fantastic evening everyone had, the hall was full to capacity with a huge audience of parents, family and some very important guests.

The students were a credit to all the schools and had all worked so hard rehearsing before the big day. The outfits were amazing and we thank all the staff for coming to join in and support their students.

We again raised enough money to help with the costs of running Fantasia and supporting schools with the cost of outfits, transport, support for choreography and refreshments for the students.

We can only wait now in anticipation for Fantasia 2015 and look forward to another fantastic evening of dance. A huge thank you must go to all parents for their support and for all the staff who without their commitment and preparation would not make this evening such a huge success.

**Donna, Angie, Michelle, Sharon and Helen**



## AS/A2 Psychology

### What Makes You Laugh?

Have you ever had that exhausted feeling after a good laugh? You know the one where your side hurts, your eyes water, you can't catch your breath and your body's totally spent. It feels like you've just finished a two-hour session at the gym...I'm guessing- I don't do the gym personally.



Laughter and exercise may share more in common than you think -- most notably, both can boost your health. Sure, you know about the infinite benefits of an active lifestyle, but did you know that laughter can support the immune system, improve blood pressure, stimulate the organs and reduce pain? Let's not get ahead of ourselves -- watching funny movies all the time won't lead to perfect health (in fact, being a couch potato will do more harm than good), but remembering that laughter has powerful benefits and should get you smiling. In fact, **psychoneuroimmunology (it is a real word, honest)** is a field of research dedicated to deciphering the relationship between human behaviour (in this case, laughing) and the mind, and how it affects the immune system. Trying to prove the beneficial effects of laughter is tough since everyone defines and reacts to humour differently, and the physical responses based on laughter can mimic similar behaviours, like talking or screaming.

However, existing research gives us hope that our old knock-knock jokes aren't just making people feel better; they actually are making them better. Let's look at some of the ways in which some researchers suggest laughter really is the best medicine. It boosts the Immune system and helps us deal with stressful situations, it decreases aggression, it provides a burst of exercise, it boost social skills, it has a positive effect on blood sugar helping to reduce the risk of diabetes and it can improve blood pressure.

I always have a chuckle at programmes like 'You've Been Framed' when someone falls off their bike or falls over when they are dancing with their Aunt Margaret at some cousin's wedding that I didn't want to go to in the first place, but they made me...sorry, the point is that we all laugh at different things and during this term Year 12 have been working on a hilarious psychology research project to find out what makes us, at The Lakes School, laugh. They have been going round asking for people's favourite jokes, or funny TV clips and then trying to analyse why people have a profoundly funny reaction to them. They are writing up and then presenting their conclusions before the end of term, and all their projects are being looked at by a professional comedian Ricky Laine, and by Steve Lomax, who is a psychologist working at the University of Manchester. It is a very exciting project and the first of its type in the South Lakes, and it aims prove a correlation between the beneficial aspects of laughter and health.

... oh, - and by the way a duck goes into a bar and asks for a pint, 'you paying cash' says the bartender, 'no just put it on my bill!' says the duck. (I didn't say the jokes were ALL funny).

**Mr M Crook, Psychology**

"You can't deny  
laughter;  
when it comes, it plops down  
in your favorite chair  
and stays as long as it wants."

Stephen King



### "Now we ski 2015"

We have a party of 34 going to Nassfeld, Austria during February 2015. The group is comprised of all ages and all skiing abilities.

There are only 6 places left and if you would like an experience of a life time; perhaps out of your comfort zone, please see Mr Field and pick up a letter before it is too late!

**Mr S Field, Director of Progress for Brathay**



# English Department News



## Year 9 Magazine front cover competition

We have been so impressed by the whizz-kids in Year 9 who have made some beautiful magazine front covers for this year's competition. They show real flair in their use of colour and detail, but also technical skill in the way they have used the software to create such professionally finished products.

The winner "Belle" was made by Evie Clark, Daisy Barker and Beth Storey. But the "Season Edits" was also awarded for its creativity – it was made by Beth Backhouse, Amy Wood and Jordan Buckley

Mrs J Dixon, Head of English



## Our Year 7s are a match for the bard himself

Year 7 have been exploring a famous speech from Shakespeare's play "As You Like It", in which the character describes a human life in 7 stages, beginning with "All the world's a stage".

Maybe some of them will be familiar to you?

"The whining school-boy with his satchel  
And shining morning face, creeping like a snail  
Unwillingly to school."

"Last scene of all,  
That ends this strange eventful history,  
Is second childishness and mere oblivion,  
Sans teeth, sans eyes, sans taste, sans everything."

The students then invent their own seven stages and they were so good this year we thought we would share them with you:

### All the world's a Dance Competition

All the worlds a dance competition.  
And all the men and women merely dancers.  
They all have their on stage and off stage dancing parts.  
And one woman in her time dances many dances.  
Her dancing life being in seven stages.

At first the toddler wobbling round and round in circles twirling. Falling over with laughter; Getting up again and never giving up.

Strolling down the street into the shop buying their first pair of ballet shoes. With excitement jumping up and down.

As a teenager; feet getting cold and dirty as she dances in the garden doing the splits and then jumps.

Music playing in the background as she performs her first dance competition.

Knowing her secrets of dance but turning into a teacher ready to pass down to others demanding and expecting the best in the kindest possible way.

Giving advice to her niece attending her first dance competition. Smiling with delight admiring her aerial and no-handed walkover.

Last scene of all;  
Died in a coffin with her ballet shoes beside her. Sans leotard, sans flexibility, sans ballet lessons, sans everything.

**Isabelle Hughes, B5 (pictured right)**



### **All the world's a car**

All the worlds a car.  
And all the men and women merely drivers;  
They all have their entrances and exits through the car doors,  
One man in his time drives round many tracks,  
His lap times being seven ages.

**People in the boardroom**, thinking of the dream car shouting out ideas the manager trying to calm them down but he is failing, the booming voices flood out of the boardroom.

**Then the production**, many workers and many litres of paint to build a car and many roles to be played.

**All the buyers**, flooding through the door all wanting the same car but there can only be one lucky buyer a young man is looking hopefully at the car and he is dreaming of him riding along with the sympathy of the engine behind him.

**Bought**, the buyer placing the money in the salesman's hand, the person who bought the car driving home in his new car zooming past the other drivers and overtaking them.

**MOT**, The man taking his ten year old car into MOT, it has failed the car is taken away to the junk yard.

**The owner**, is bankrupt they are out on the street wishing they were back in their vintage car but it is long gone.

**The vintage car**, being broken up for spare parts and the scraps being crushed up into a small box shape.

Sans tyres, sans body, sans chasis, sans everything.

**Josh Fayers, L2**



### **All the World's a Film**

All the world's a film,  
And all the men and women merely actors;  
They each have their introduction and their last lines,  
And one film, in its duration, has many different parts,  
Each part being one of seven parts.

#### **First, the money making schemes,**

Where the producer and the director have to earn money with sponsors,  
And where they have to find their budget and sell cakes for the little extra cash they need.

#### **Then, Pre-production,**

When the little crew they have already have to help them find more crew and actors,  
When they have to get a writer to get them a final script upon the deadline.

#### **Next, it's into the production,**

When the final cast and crew have been decided, the director can begin his shoot,  
The time when the producer is biting his nails hoping they can get everything shot,  
And the actors begin their friendships and can develop their current ones.

#### **Now, it's time for post-production,**

When the director and producer sit down in their offices and start to cut,  
And when they get their movie ready to screen in the local cinema.

#### **And the fifth stage is the cinema screenings,**

The time when the movie becomes a success and makes billions of pounds at the box office,  
When the director throws a party, in honor of his first successful movie.

#### **Sixth is the DVD sales,**

When the DVD comes out not as many people seem to care,  
The time when it's only just making enough to keep in print,  
And the time when it begins to be forgotten...

#### **The final stage. Doom.**

The day finally comes when the film crashes down,  
Sans sales, sans popularity, sans reputation...

**Isaac Parkinson, B4**

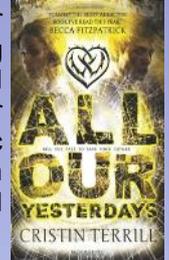


## Spellbinding 2014

In January the group began reading and assessing the merits of 10 new Young Adult Fiction books in order to decide upon the award winner. The titles had been nominated by Cumbrian secondary school students and the subject matter ranged from dark and gothic thrillers, to time-travel adventure. The preliminary selection stage shortlisted 3 titles, *All Our Yesterdays* by Cristin Terrill, *Ferryman* by Claire McFall and *Bodyguard: Hostage* by Chris Bradford, 2 of which are debut novels, proving that teenagers are adventurous in their reading choices and do not just follow 'safe and tested' authors.



Jasmine Bell and Rose Garner (pictured left) travelled to Penrith on 18 June for the Spellbinding Book Award, led by creative writing and drama workshop specialist Dave Cryer. The students were allocated their groups and after an introductory session there was a brain-teasing literary quiz. Questions flew thick and fast (as did sweets) – for teachers as well as students. Later students had the opportunity to act out dramatic scenes based on the nominated books. Within their discussion groups, students made their final selection for the award winning - book which is:



**All Our Yesterdays by Cristin Terrill.**

'I really enjoyed the day but what I liked the most was the opportunity to work with students from other schools and discuss the books with them.' **Jasmine Bell, B3**

'I enjoyed meeting my friend from another school for a catch-up on books we've read. I enjoyed the quiz and the drama workshop with Dave. Overall it was a really good day.' **Rose Garner, L1**

## Author Visit: Paul Stewart and Chris Riddell



When these 2 popular fantasy authors had a date at The Queen Katherine School on 20 June, Year 7 students Harry Williams and Abigail Northern accepted an invitation to join a multi school event. Paul and Chris entertained their fans with a lively talk about their writing and illustration collaboration that has led to many amazing best sellers. A selection of their books, including the first in the new 'Scavenger' series, was available for purchase and signing by the authors.

## Accelerated Reader

The Library is the 'engine room' for Accelerated Reader and competitions have run to keep up momentum. At the beginning of this term Year 7 students were asked to create a review of a book they had recently enjoyed and would promote others to read, so obviously it should not tell the story. The winning entry was Isaac Hodgson's excellent review of Michael Morpurgo's 'Out of the Ashes', a story set during the foot and mouth outbreak of 2001, the experiences of which had impacted upon Isaac's own farming family. Runners-up were Leah Augphin and Abbie Morris .



## Cumbria Schools Writing & Illustration Competition 2014

The organisation and sponsorship for this new competition was arranged by Mrs Robinson (teacher and librarian at Keswick School) and Mrs Clarke (The Lakes School). Lakeland Limited was the main sponsor and their generosity enabled us to engage professional comic writer/illustrator Kev F Sutherland to deliver a master class to 30 shortlisted students.

The competition invited entries from KS2, KS3 and KS4/5 in the separate categories of writing and illustration. It was open to all schools in Cumbria and the standard was very impressive.

Lucy Prescott was one of those shortlisted for her comic illustration. She travelled to Keswick School on Tuesday 1 July and participated in the master class. The students learned how to draw and write in comic strip, enjoyed a tasty lunch and collaborated in creating a comic. Kev drew caricatures of each student, available to take home along with a copy of the comic.



**Lucy Prescott, Year 7**

## Librarian's Final Comments

Well, the time has come all too fast for me to retire. It's been a wonderful 10 years spent supporting and guiding students in their learning and reading for pleasure as well as arranging book-related activities in and out of school. The Lakes School is a place where young people thrive on the quality of teaching and experiences to which they are exposed. It's a privilege to have been part of it all. I wish everyone happiness and success. **Mrs D Clarke, Librarian**

# Iceland Expedition July 2014



As you read this, our Year 12 students will be in the middle of their Geography Expedition to Iceland.

This amazing expedition will allow students to experience a culturally fascinating country and introduce them to a wide range of tectonic and glacial landscapes where they will collect data on eruption sites, tectonic landforms and features as well as providing students with a fantastic and memorable experience!



Snorkelling through the flooded volcanic fissure at Silfra. Touch Europe and America at the same time.

Geyser and boiling pools and springs.



Climbing the active volcano of Helgafell in Haimaey. Too hot to touch the ground.



Whale watching in Reykjavik bay.



Standing at the edge of Gullfoss, The Golden Waterfall and the largest in western Europe

And, with the most exclusive accommodation around, there is no doubt that the team will be having a tremendous time!

To keep up to date with the team's experiences you can follow them on their blog and the link is ... <http://muchmorethanmaps.weebly.com>

**Mr J Ince, Head of Science and Mr M Gallop, Deputy Headteacher**

## Language Perfect Competition

I have attached a photo of the winners of the Language Perfect competition which took place in May and involved all the Year 9 in school. Overall we did really well and placed 11th out of 75 in England. The students pictured below were award a certificate for their excellent participation:

Gold awards: Kya Pares, Ellie Harrisson and Jessica Black

Silver awards: Isobel Richards and Caitlyn Taylor

Bronze awards: Tom Morris, Lauren Aspinwall Keeley Snowden and Victor Sicinski.

**Ms M Nunes, Foreign Languages**



# Textile Department

The Textile department has been a hive of activity again this year! The students in KS3 this year have developed their skills in a variety of techniques and have created fantastic products; aprons, pencil cases, hats, bags and oven gloves to name just a few. The quality has been brilliant!



Lauren Bateman Yr 8



Morgan Henderson Yr 7



Year 7 students



Edward Dixon Yr 9

## Year 9 football antics!



As the world has been gripped by the World Cup 2014 fever so have the Year 9 students. A class of students worked on a project that incorporated both mathematical and textiles skills to create a giant football based on the countries participating in the World Cup. Miss Harris taught the students how to measure out a hexagon accurately using a compass and a ruler as every hexagon needed to be the same to fit otherwise it wouldn't work!

They then selected a country to focus on and used all the skills they have practised this year in textiles; applique, fabric crayon transfers, patchwork... to create their very own hexagon to be part of the group football.



## GCSE Textiles

This year has also been a fantastic year for the GCSE students. The Year 11 students have been following the WJEC exam board focusing more on creating innovative and tactile products. The students have worked exceptionally hard throughout this year, even dedicating days to extra sessions available in the holidays! I have thoroughly enjoyed working with them; wish them every success for the future and I look forward to welcoming some of them back next year for the A-level course!



## Thank you

As usual, your donations have been very much appreciated this year. It has helped the students to create some fantastic work.

And if you would like to donate any old sheets, pillowcase, fabric scraps, buttons or unwanted textile equipment, then students can bring them to my classroom or they can be left at reception for me to collect. Thank you!

**Miss G Anderson, Textile Department**

## Young Chef Competition 11 July 2014

We were treated to a wonderful assortment of dishes representing countries from all over the globe. The standard of cookery was quite breath-taking and one could not help but be inspired by the food presented. Students from Years 7 to 9 competed in our second annual cookery competition sponsored by the Rotary Club of Windermere.

After two hours of hard work the judges tasted then deliberated at length to identify the overall winner.



### 1st Place

Lucy Hill who made lamb burgers with red onion and tomato, side of tzatziki and followed by cheesecake.

### 2nd Place

Lucelia Price who made sushi and miso soup.

### 3rd Place

Isaac Hodgson who made lemon and lime pork with rice and steamed vegetables followed by pineapple upside down cake.

The finalists: Luca Ross, Shannon Lafferty, Shay Lovett, Isaac Hodgson, Lucelia Price, Jordan Buckley, Jordan Rodway, Lucy Hill and Hannah Griffiths.

## Wordsworth Poetry Prize



Congratulations to Year 7 student Kirsty Laverack who won the prestigious Wordsworth Poetry Prize in 11 to 13 age group with her poem *Dandelion*.

The prize was presented by William Wordsworth's great-great-great-grandson Christopher Wordsworth. The award ceremony took place at Rydal Mount near Ambleside, which was Wordsworth's home for most of his life. This is her winning poem:

### Dandelion

I am restless,  
Wasting my energy trying to move,  
My face cannot help but stare up at the sky,  
That once gave me hope.

But now, I think not,  
Now my bright yellow days are gone,

Something inside me, stirs,  
I need to know the truth,  
Of the outside world.  
I need to move.

But now my gaze is drawn towards, a child.  
She runs to me and jumps and laughs,  
Just as my soul lifts into pieces towards the sun  
And floats away...

## Ceilidh Evening

Do you know your flying Scotsman from your lucky seven or your Virginia wheel?

Come to The Lakes School  
on **Saturday 13th September**  
for an evening of great entertainment!

Featuring

**Riggajig Ceilidh Band**

Licensed Bar and hot pot dinner

Tickets: Children - £5 Adults - £8

All proceeds go towards The Lakes School's  
next blockbuster production  
**Miss Saigon**  
November 11th -15th 2014  
Tel: 015394 40810 for ticket enquiries

## Go Global!



On 22 May we staged our first ever Global Learning Conference for local feeder primary schools. The aim of the day was to examine the world we live in now through practical workshop activities and start to plan what we need to do to be effective global citizens of the future.



A team of Year 7 'Global Leaders' ran the day and looked after over 80 Year 5 and Year 6 students as they challenged themselves to investigate a range of important global topics – such as how to purify dirty water. Other activities included in the day ranged from examining human migration, the sustainability of food supplies, human rights and Fairtrade.



Our visitors concluded the day by presenting their thoughts and hopes for the future to Mr Cunningham, our head teacher.

Together we aim to secure a safe, happy and harmonious school so that we can all become effective and active global citizens.



New for 2014-15: The Lakes School have been awarded Global Learning 'Expert Centre' status! This will mean we will be inviting partner schools to join us formally to develop fun and interesting ways to deliver globally themes, lessons and activities throughout the South Lakes.

**Mr R Sharp, Head of Design & Technology**

### Being a Global Leader

Global Leaders are a bunch of Year 7 students who help out with a whole range of things. We are recognisable by our t-shirts and name badges; most recently, at the Go Global day and the Year 5 taster day.

On the Go Global day, we (global leaders) led groups of Years 5 and 6 pupils around the school to enjoy various lessons, all themed around being good global citizens. We also cared for the pupils at break and lunch, as well as helping them prepare presentations about what they had learned. For this day our thanks go out to the pupils from Years 5 and 6 for making the day great, Mr Sharp for bringing us together and Katie from CDEC for organising the day.

Even more recently was the Year 5 taster day, where we were asked to help out in Mr Sharp's workshop. On the morning, the Year 5s began to arrive and we headed to Mr Sharp's room to prepare (allow Aaron to brutally murder) all of our pre-made rockets. Yes, we were making rockets to launch and see which one went the furthest. So we were ready, but were then told that some of us would also be leading groups to and from lessons. Soon the first lesson came led by Mr Sharp, whose demonstration rocket went a disappointing 57 metres. After that it was all hands on deck to help, launch and clean. We also helped out for the remaining four lessons; each was different but all showed that we are a great team. For this day we thank all the teachers involved, the Year 5s and Mr Sharp for getting us all on board.



We as global leaders hope to be of as much help as we can and will continue this next year, and just another thanks to Mr Sharp for being a great team leader.

**Reece Hammond, Year 7 (Global Leader)**

**Me leading a session on rocket building.**

# Science Department News

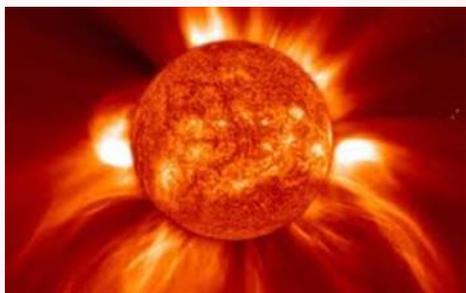
The department has been very fortunate to forge some close links with science and technology departments at Lancaster University this year and we very much hope that this will become a regular feature of the experiences we are able to offer our A level scientists. We have been able to run two highly successful events this term with many more to come.

## Lancaster University Science Research Project.

A team of four Year 12 students, Ollie Benjamin, Ed Parry, Chris Shreiber and Stan Sowerby Thomas have joined together to undertake a research project hosted by Lancaster University. This gave them an excellent opportunity to experience work in a University environment at undergraduate level and is a useful addition to UCAS applications and interview discussions.



Their allocated topic title was **Aurorae as signifiers of the physical relationship between the Sun and Planets**. This gave the students the opportunity to study the physical processes of aurorae, more commonly known as the Northern Lights, and make the link between the Sun and Earth. They worked closely with Dr Gareth Dorrian who acted as their tutor for the sessions, looking at the Earth's magnetic field and high energy particles from solar flares interacting with gases in the Earth's atmosphere.



The two sessions were held at the Physics Department at Lancaster University. The initial research session was on Friday 4 July with independent tasks to complete prior to the follow up session on Monday 14 July where students presented their findings to a panel of experts including professors and academics at the university as well as students from other local schools.

The students found the whole topic and the University atmosphere to be totally absorbing and enlightening and thoroughly enjoyed the event.

## Lancaster University Chemistry Laboratory Analysis Project

In April this year we were fortunate to be able to offer an exciting challenge for a team of four Year 12 chemistry students, Lizzy Bagnall, Nick Collyer, Stan Sowerby Thomas and Ed Parry, supported by Lancaster University Chemistry Department. The event took the form of an inter-school competition set and hosted by the University.

This was a wonderful opportunity for our students to experience a fully equipped analytical chemistry laboratory and to work in a higher education environment. Students were set the challenge of identification of unknown chemicals using infra-red spectrometers, thin layer chromatography, melting point apparatus and other analytical techniques we study at A level. They also completed an identification of amino acids by titration.

Teams were also assigned an organic molecule before the competition and were asked to research the molecule and produce an A3 poster displayed at the competition. They researched the chemical structure of the saccharin molecule assigned as well as intriguing ideas including why it is an important molecule, whether the substance occurs naturally, how it is made synthetically and how it was discovered.

This was a great opportunity to experience the challenges of life as an undergraduate scientist working in superbly equipped laboratories using state of the art equipment on highly relevant topics and the students took it all in their stride and performed brilliantly.

**Mr J Ince, Head of Science**

## Year 12 Physicist of the Year

Stan Sowerby Thomas recently collected an award for Year 12 physicist of the year. This was presented to him by the trust in Lancaster University.

**Dr L Dickinson, Physics**



# Maths Department News



## Jetsetters Project (Primary Transition)

Year 6 students from St Martin and St Mary Primary School have been attending The Lakes School to work with the maths department on a Jetsetters Project. Students needed to plan a holiday for a family of four to a country of their choice on a budget. They worked in groups to find information about their country, create an advert for their holiday and cook a sample of food.

Each group created fabulous stalls for the final day of the project where they presented their holiday, food and advert. Parents had the opportunity to come and watch the presentations and try their creations.



This project linked very well with the food technology project they complete at the primary school, in which they need to plan and cook a three course meal.

**Miss V Harris, Head of Mathematics**

## Junior Maths Challenge

Several of our best mathematicians in Years 7 and 8 took part in the Junior Maths Challenge in March this year. This is an annual competition for the top mathematicians in UK schools and our pupils rose to the challenge achieving some excellent results.

**Bronze** certificates went to Kirsty Laverack, Leah Aughpin, Abbie Morris, Ben Faulkner, Isaac Hodgson and James Bostock in Year 7 and Luca Hastie, Lauren Bateman and Indiana M-Green in Year 8.

**Silver** certificates went to Aaron Butler in Year 7 and Sally Harrison and Rosie Wainwright in Year 8.

**Gold** certificates went to Nina Brendling and Alexander Knowles in Year 8.

Alexander Knowles and Aaron Butler also received certificates as they were the overall best in their respective year groups.

The questions are very challenging – see if you can have a go at the question below which featured on this year's paper.

12. In this subtraction,  $P, Q, R, S$  and  $T$  represent single digits.

$$\begin{array}{r} 7\ Q\ 2\ S\ T \\ - P\ 3\ R\ 9\ 6 \\ \hline 2\ 2\ 2\ 2\ 2 \end{array}$$

What is the value of  $P + Q + R + S + T$ ?

A 30    B 29    C 28    D 27    E 26

**Mrs J Watson, Mathematics**

## Sumdog Inter-house Maths Challenge



Between 30 June and 6 July, students in Years 7 to 10 took part in the Sumdog Inter-house Maths Challenge. Students

logged on to the Sumdog website during one of their maths lessons to answer as many questions correctly as possible while playing against their classmates and other maths students around the world. Many students also logged on at breaks or lunchtimes and at home to add to their total scores, leading to some very impressive overall totals. The leader board changed throughout the week with students being updated in their lessons but at the end of the week the winning house overall was Rothay with an average of 242 questions answered correctly. Leven were in second place with an average of 206 questions, followed closely by Brathay with an average of 195 questions. Top scorers in each year, who also received certificates, were as follows:

Year 7: Lucy Prescott (1640 questions correct)

Year 8: Owain Jones (793 questions correct)

Year 9: Sapphy Kieft (878 questions correct)

Year 10: Adam Kieran (709 questions correct)

Congratulations to Rothay house and the top scorers, and well done to all who took part.

**Mrs J Watson, Mathematics**

## World Cup

Year 8s created some model footballs using hexagons, pentagons and plenty of sellotape. The models enabled students to think about angles inside and outside polygons, the nets of 3D shapes and some of the mathematics in football.

**Dr J Cowen, Mathematics**





### The Lakes School visit to Miss Saigon

Miss Saigon is one of the most popular and longest running musicals in West End history. Written by Claude-Michel Schönberg and Alain Boublil (the composers of Les Miserables) it tells the tragic tale of a doomed romance involving an Asian woman abandoned by her American soldier. The setting of the plot is relocated to the 1970s Saigon during the Vietnam War, and Madame Butterfly's story of marriage between an American lieutenant and Japanese girl is replaced by a romance between an American GI and a Vietnamese bar girl.

On Thursday 26 June The Lakes School cast of their production (airing November 11-15) travelled to the Prince Edward Theatre to see the show and receive a very pleasant surprise!



After the magnificent show, involving a helicopter landing on the stage, The Lakes School cast met the principle members of the West End production who answered questions for 30 minutes and then took them on stage for a look at how it all works. The associate director Jean-Pierre Van der Spuy said that no other school or company have ever been allowed on the stage and that we were the first to meet the entire cast!



The new production of Miss Saigon has set a new record for the largest single day of sales in West End and Broadway history, despite having no cast announced.

The new production boasts stars such as Hugh Maynard, Alistair Brammer and Jon-Jon Briones - all very established musical stars and now all friends with The Lakes School cast on Twitter!

**Mr A Theobald, Music**

*"It was an amazing trip! We were privileged enough to meet the actual cast!" - Hannah Durkin, Year 9*

**Coming Soon!**

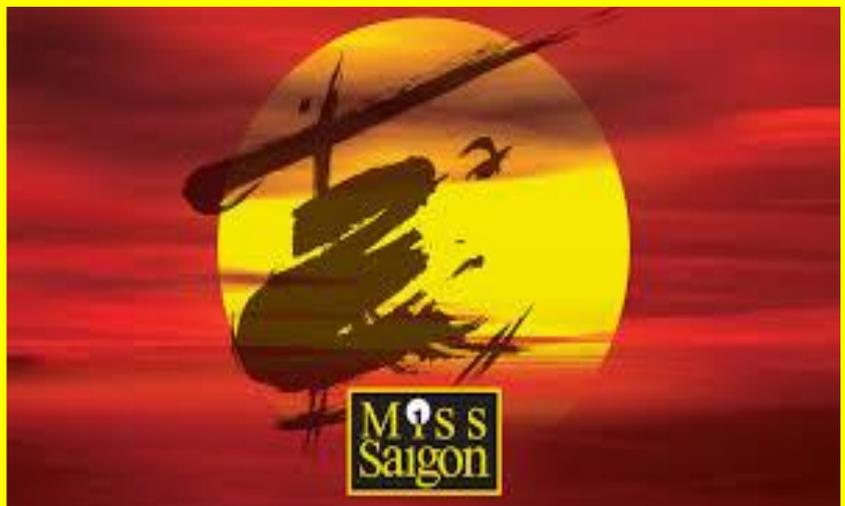
### 'Miss Saigon - school edition'

**The Lakes School's next production will be Miss Saigon - November 2014.**

*"It was great, I loved the show." - Shearna James, Year 7*

*"The atmosphere inside was breath-taking. What a show it was! Just the first scene blew me away and by the end I was completely speechless." - Izzy Richards, Year 9*

*"When the show came to an end everyone's mouths were open with amazement and just when we thought everything had come to an end, we got to meet the main cast!" Hannah Griffiths, Year 7*

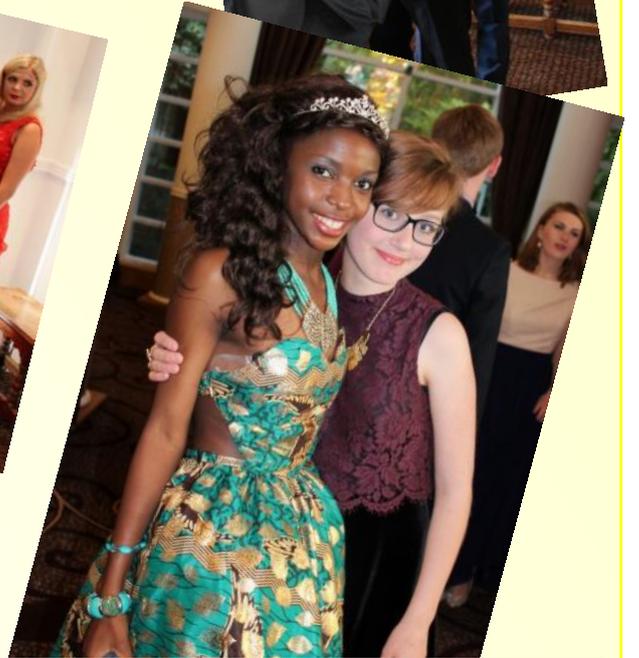


# Year 11 Leavers' Ball



**Our Year 11s had a fabulous time at their leavers' ball, which was held at The Low Wood Hotel.**





# SPORTS NEWS

Year 7



Year 8



Year 9



Year 10



Once again, our girls from Years 7 to 10 have been attending rounders practice on a Wednesday after school and have been competing in our own South Lakes School Rounders league with some excellent results and some exciting matches.

### Results

#### Year 7

Came 5th in their league beating QES, drawing 1 and losing 2 and improved with every match

#### Year 8

Won their league with convincing victories over QKS, QES, KKS and Cartmel and a draw with Dallam. Well done to them!

#### Year 9

Had mixed fortunes with some good wins but the full team was not always available due to Duke of Edinburgh commitments so some games were cancelled. They were 5th overall.

#### Year 10

Finished off the season with a great victory over KKS and Cartmel but lost heavily to QES and QKS to come 5th overall.

Well done to all the players who demonstrated commitment and effort throughout the term.

**Mrs C Musetti, PE Department**

### County Hockey Success

Two of our hockey players have been recognised by the Cumbria County Hockey Development Group for their dedication and hard work in the sport.



Sarah Hayton (left) was awarded the Under 15 Girls Cumbria Schools Hockey Association Trophy for Most Improved Player, whilst Aidan McDougall (below) won the Under 17 Boys Hadwins Lindale Ltd Trophy for Most Improved Player.

Our congratulations go to both players.



The awards were presented at the Hockey Development Group's Annual Awards Evening by our very own Mrs Rosemary Wadmore who is retiring, after 13 years, from coaching the female hockey goal keepers.

**Mr N Ward, Facilities Manager**



# SPORTS NEWS

## Athletics

An unusually short summer term meant that our athletes did not have as much time as they would like to get themselves into tip-top competition shape. In spite of this however we have several success stories!



**Amy Wood, L2**

### Two County Champions! Amy Wood and Luke Bowen (Year 9)

The season was kicked off with a winning start for our two star athletes in the Cumbria County Individual Combined Events competition. Amy Wood and Luke Bowen, both very dedicated athletes who practise at least twice a week out of school with Kendal AC, were our representatives in this competition. They each had to perform their very best in 5 different events: Amy came first in the shot putt, high jump and long jump, 3rd in the hurdles and 4th in the 800m which gave her an impressive overall point's score of 2091. Luke came first in the 800m, 2nd in the shot putt, and 4th in the 80m hurdles, long jump and high jump scoring 1900 points in total. Their final scores put them both in first place overall with them both taking the crown of County Combined Events Champion in the



**Luke Bowen, L5**

junior age group. **Huge congratulations** to them both - we are very proud of their achievements! Both athletes were then selected to represent the County at the North West Regional Combined Events Championships and the good news is that they both improved their overall points score - well done! Watch this space.... perhaps the new generation of Jessica Ennis and Daley Thompson in the making!

### District Trials and County Track and Field

12 students from Years 8, 9 & 10 travelled to Stanley Park Stadium in Blackpool in May to take part in the South Lakes Schools District Athletics Trials. There were encouraging performances from Sophie Dean, Jenny Wood and Owen Fitzsimons who will certainly benefit from competing a year early. Meanwhile, our other athletes enjoyed competing in a 'proper' athletics stadium and trying to raise their game to achieve new personal bests. Students who finished in the top two in their event were then selected to travel to the County Championships in Carlisle in June: Lauren Robinson (Javelin), Jamie Hill (High Jump), Luke Bowen (1500m) and Amy Wood (Long Jump & 200m) all achieved this accolade - Well done! Jamie achieved a personal best in the High Jump of 1m 65cm and both Amy and Luke both finished 2nd in their events (long jump and 1500m respectively) to be selected, once again, to represent the County in the North Eastern Inter-County match the following weekend. Very well done to Lauren, Jamie, Luke and Amy!

### Year 7 competition

On 18 June we hosted the annual District Year 7 Athletics Competition - a fabulous event which, for most Year 7s, is their first taste of competition in track and field events. The Lakes School boys' team demonstrated their talent in the field events and won this part of the competition, even beating four much larger schools - an amazing result boys - well done! Overall the boys' team finished in 4th place, the girls' team in 5th place and combined The Lakes School in 4th place overall.



Particular congratulations must go to Lucy Prescott, Leah Aughpin, Joshua Clark, Caleb MacDonald and Morgan Henderson (pictured left) who competed for the South Lakes team on the back of their performances in the County Finals. Well done!

### Sports Day

....and a final note about Sports Day which will be taking place on Tuesday 15 July. All students in Years 7 - 10 have been practising hard in their PE lessons, leading up to the final event of our athletics calendar. Students will compete in their house and year groups across all athletics events.

**Ms A Jeffrey, Head of PE**

# SPORTS NEWS

## U15 football county cup final - a grand day out!

Every sport needs a finale, a grand occasion at the end, when you see the best 2 individuals or teams slug it out just one more time to remind you why you love the sport in the first place. Sport is about the narrative and you always hope that the grand final will give you the best tale of all and, save to say, the Cumbria U15 small schools final between The Lakes School and Appleby Grammar School in Penrith did exactly that, this one was a belter!

To add spice to the narrative you need a sub-plot; a sort of unique rivalry or legacy from previous meetings between the combatants. This year these 2 teams had met each other home and away in the league and the U15 Heathwaite team (almost all of the school squad) had lost to Appleby convincingly twice already this season. That gave the Appleby team a mental advantage.

The game itself was an absolute blinder, the 2 teams played really well with nice football which was particularly fabulous for the large number of supporting parents that had made their way to the Frenchfields just outside Penrith. It might be worth reminding ourselves of the simple theory that the best 2 teams are the two that should get to the final, therefore, it should produce the highest quality match. This one did!

With the scores all square at 2 – 2 and remaining the same at the end of extra-time it was the lottery of penalties.

Who was it that said we are no good at penalties? Well they are wrong because both of these teams scored all of the first 5 which then meant sudden death - this means that if you score your goal and your opponents miss then you win.

Sometimes, young sports performers realise that at a particular point in their lives winning really matters and this was the case for both teams who continued to slug it out penalty after penalty until the entire team had scored on both sides!

Next came the 2 goal keepers and call forward the young hero of the hour, Dan Sykes, who spectacularly saved their penalty and immediately followed it by thumping home his own, this meant The Lakes School won 12 – 11 on penalties.

Outstanding man of the match was the captain Sam Harrison who leads by example.

All that is left to say is a huge well done to the team for providing the supportive parents and coaches with a thrilling win and leaving all of us with amazing memories! Thanks also go to all of the parents who travelled to witness this event.

**Mr P Robinson, PE Department**



**Year 10 boys proudly showing their shield for 2014 after becoming (small schools) U15 Cumbria County Champions**



## Wimbledon 2014 - Saturday

Our intrepid group of tennis players and fans set off from The Lakes School at 7.00am on Saturday morning, bound for London with great anticipation. The ten students, aged from 11 to 18, were accompanied by Mrs Musetti and Mr Sharp and we were soon on the train heading south, armed with cameras, maps and lots of excitement.



An early arrival in London meant a full day's sightseeing, so, after depositing bags at our lovely clean hostel in an Edwardian terrace in South Kensington, we set off in trainers and backpacks for a manic hike around our capital city!

First stop was The Tower of London and Tower Bridge; the sun came out and we marvelled at the juxtaposition (Aidan's word!) of old and new buildings from the 15<sup>th</sup> century tower to The Shard behind it. A quick stroll and we were at Mr Sharp's favourite, the bustling, ancient Borough Market, with its amazing plethora of fruit and drink on offer. Onwards to St Paul's Cathedral and an impromptu performance by the London Gay



Mens' choir on the steps - absolutely fabulous singing, which entertained us while we had a quick rest. Then across the Millennium Bridge and a lovely stroll along the South Bank. The London Eye was a highlight as we all gazed at the London panorama through the glass walls of our pod and took lots of photographs. Next we went to see Big Ben and the Houses of Parliament and we even managed a peak at No 10 Downing Street then on to Buckingham Palace. Weary feet negotiated Trafalgar square and Leicester Square before finally coming to a halt for food at Covent Garden before returning to the hostel.



## Sunday

After a lazy start, we visited The Natural History Museum and then on to Harrods before we headed to SW19 and WIMBLEDON!

We were all very excited as it was Men's Final Day and there were Rolls Royces and security guards everywhere. We were soon in the grounds and got our bearings; we split into pairs to watch the Centre Court action which was the fantastic Federer v Djokovic game and swapped over every 30 minutes to ensure that we all saw some of it, which was amazing! We were right behind the Royal Box and spent some time star and royal spotting, which the teachers loved. Every point was closely contested and it became apparent it was going to be a long game. When not on Centre Court, we had ten tickets for Court One and watched some great games on there too. As the afternoon wore on, however, most of us preferred to squeeze onto Henman Hill and watch the drama unfolding on Centre Court on the big screen. The atmosphere was electric and the noise amazing. As the final set drew to a close, we all made our way down to Centre Court to listen to the commentary and, unbelievably, just after the final point the security guard kindly opened the barrier and ushered us all in to watch the prize giving, along with all the other thousands of people standing up cheering and clapping. Meanwhile, Lucy, Jordan and Isaac had shot round to the front of the stadium to witness the players and trophies on the balcony and managed to 'almost touch' the Beckhams! We all agreed it was a truly magical experience and had to pinch ourselves several times to believe we were actually there!



Thanks to all the students for their enthusiasm, behaviour, attitude and good humour all weekend.

**Mrs C Musetti, PE Department and Mr R Sharp, Head of Design & Technology**



# Year 7 Enrichment Days

## Conservation Work at Miller Ground



A group of seven intrepid Year 7 students joined volunteers from Windermere Civic Society and National Park wardens to carry out conservation work at Miller Ground on the shores of Lakes Windermere as part of their enrichment day activities.

The conservation project is designed to improve the environment at

**Abi McGraw, B1** Miller Ground to allow the flora and fauna to flourish as well as improving the area for rare or protected species of wildlife.

Wielding saws and loppers, the students cut down the unwanted undergrowth with great gusto, before making a massive bonfire on the lake shore – all under the close supervision of the National Park wardens of course!

All the students reported afterwards that they enjoyed their day working by the lake to improve a part of the local environment.

**Mr N Ward, Facilities Manager**



What is team work? Working as a team is the usual answer. The Year 7 students found out that working as a team isn't as simple as it sounds. They started by each team canoeing across the lake and communication and perseverance were essential to get them to go in a straight line. Once on the shore they were given challenge after challenge to help them further develop their skills in communication, listening, lateral thinking and cooperation. Sticks, pipes, planks, ropes and bits of carpet challenged each team to work together effectively. It was fantastic to see our current students taking on challenge after challenge and using



team work to do it. A cool off in the Lake was needed before by a quick paddle back to Brockhole to finish off the day.

**Dr L Dickinson, Physics**



## Community Benches Project

As part of their enrichment activities, a small group of Year 7 students spent half a day refurbishing some of the park benches outside Windermere Library.

Wielding saws, hammers, drills and spanners, the youngsters set about replacing the wooden seating on the benches under the careful supervision and watchful guidance of John and Ian, two local volunteer joiners and Simone and Sarah from Cumbria Constabulary.

The work was part of The Community Benches Project,

which repairs and refurbishes park benches throughout the area and is sponsored by United Utilities and SLDC, amongst others.

After a long morning toiling in the beautiful sunshine, the students returned to school covered in sawdust, but with a sense of pride in a job well done, having rebuilt the benches from scratch and having seen them put back to good use.

**Mr N Ward, Facilities Manager**



# Year 7 Enrichment Days

## Visit the Preston Mandir

We had a lovely visit to the Hindu temple in Preston. All the students enjoyed hearing about the day to day life of the community in and around the local area and how Hinduism is more of a way of life than just a religion. We heard some of the stories of Lord Shiva, and Lord Krishna and the students especially enjoyed the story of the 'elephant' god Ganesha.

We had time to look at the various shrines and met some of the local people who came in to pray. One student commented on how 'colourful' everything was. We even had time to meditate.



After the temple, we went bowling where we discovered that some of us should have stayed on the bus! After two games and much consumption of candy floss, we made our way back to school.

**Mr M Crook, Psychology**



## Conservation

As part of their conservation work on their enrichment days, Year 7 students carried out work to enhance the school grounds. Activities included repairing and repainting benches and preserving wooden fences in school.



Under Miss Pearson's guidance, they also made a number of bird feeders, many of which have been placed strategically around the school to encourage wildlife.

**Mr M Taylor, Teaching Assistant**

## Eco-Schools Project

Year 7 have been helping out with a local conservation project in partnership with the South Lakes Rivers Trust. Working with Bekka Corrie-Close from the Trust, they have been clearing himalayan balsam from nearby woodland in Troutbeck and around the school grounds. The highly invasive plant is a real threat to local biodiversity and we need to have it completely removed from the area.



This is the third year they have worked on the project and we are making real progress in reducing the presence of the plant around our local area. This might finally let native species, such as bluebells and foxgloves make an appearance in our woodlands. It doesn't take too much effort to pull the plants up; there are just an awful lot of them. Students cleared literally thousands of plants from the woodland and created huge piles which needed to be stamped on in a strange "balsam bashing" ritual that made sure they wouldn't grow back.

After 3 hours hard work in the searing heat, students finished off

the day with a fiercely contested rounders tournament, where do they get the energy from?

Alongside the balsam project, the Year 7s enthusiastically threw themselves into various conservation projects around the school, including fixing and painting fences and benches. They developed their gardening skills in the conservation area and the vegetable patches, harvesting potatoes and planting trees. To encourage wildlife, they made bird feeders out of plastic bottles, collected by the schools recycling team over the last few weeks, and raised their awareness of British butterflies through a project linked into our community allotment project. The 5 large plant pots at the top of the road have had a new lease of life through working with Cumbria in Bloom, Hayes Garden World and a fine team of students. Fantastic achievements were made on both days and the students were truly wonderful. Well done Year 7!

**Ms C Pearson, History**



# Year 8 Enrichment Days



## Year 8 Ghyll Scrambling

A great day was had by the Year 8 group at Stickle Ghyll in Langdale. The early rain soon gave way to glorious sunshine and with it came confidence for the students. Some decided to get some 'air' as seen in the picture.

The ghyll itself is full of genuinely high quality scrambling sometimes through stunning waterfalls and sometimes on dry rock. Most of the group made it to Stickle Tarn, which looked wonderful in the stunning surroundings below Pavey Ark crag, for a well earned swim in warm water.

An unforgettable day, well done to all!

**Mr P Robinson, Outdoor Education and PE**

Troy Hastie goes forth whilst Ben Harris looks on.



## Mountain Biking

Ten intrepid Year 8 students decided to go mountain biking as their outdoor activity option. The day started by getting to grips with the bikes and learning the skills needed for later. There were slow races, one armed whirling, weaving around each other, a shrinking box and trails skills in the woods. Suitably prepared they went for a rollercoaster ride around the Troutbeck valley. Endless uphill's, quick downhill's, rocks of all sizes and fallen trees were some of the obstacles encountered. The skills the group learnt in the morning were all brought into action by



the students as they bounced along the trails. This was not quite the case for the staff, with Mr Jeremy managing to fall off. An amazing day out was had by all. Thanks to Liam Scott for a bumper fun day.

**Dr L Dickinson, Physics**



## Climbing

'That was ace' 'yes I've done it' and 'can we go again?' summed up a beautiful day spent in the tranquil setting of Hutton Roof crags. The group were great helping the less fit teachers by carrying the kit up to the crag. There they learnt how to tie on, belay and climb. We started with two climbs which all the group rocketed up. It was time for the next level with two steeper



climbs. Again the group quickly climbed these using some of the ideas, This meant we needed even more challenge so we went to the final area of

the crag for the final two climbs. A bit of dangling and a lot of determination and they made these as well. We were impressed and we think there are some budding climbers in the making there. All too soon we had to head off and escape the sun for some shade. Now how often do you get to say that around here?

**Dr L Dickinson, Physics**

## Visit to Liverpool

35 Year 8 students visited the beautiful city of Liverpool. After experiencing the peaceful atmosphere of the Metropolitan Cathedral we then had lunch in the bustling Liverpool One shopping area. Driving past the true home of football on Merseyside we instead visited Anfield where we checked in the home dressing room to see if Suarez' shirt was still there - it was! We then sat in the managers dug-out and finally the Kop itself before heading home. All in all a very enjoyable and interesting day was had by all.

**Mr C Jeremy, Assistant Headteacher**



# Year 9 Enrichment Days

## Anti-bullying day

Year 9 have explored various ways of stopping bullying in school by making films, websites, T-shirts and more with the help of the English and Technology departments. The results were dramatic, colourful, sometimes funny and often moving campaigns which showed a clear determination to keep this school happy and supportive.



With the help of the pupils, we will continue to do everything we can to ensure

bullying stays out of The Lakes School!

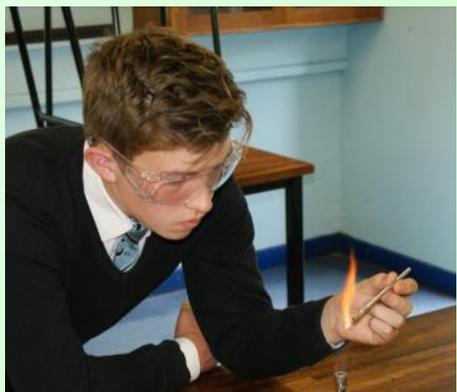
**Mrs J Dixon, Head of English**



## Science

Year 9 students had an opportunity to virtually complete a science investigation for their GCSE next year. Burning different types of fuels (for a camping stove) they were able to analyse and explain why different fuels gave out different amounts of heat energy. They were able to calculate the temperature rise for every gram of fuel and present their findings showing lines of best fit and range bars, indicating how precise they had been in their practical work. Well done to all, this was a hard day of work focussing on enriching the students' grades for GCSE.

**Ms L Gilbert, Director of Learning for Leven**



## University of Cumbria HE Visit

Year 9 students were very positive during their visit to the Carlisle Campus of this university.

They looked at the accommodation, the facilities, the courses on offer and found about life as a university student and how students manage their finances.

The students did themselves proud on this visit.



**Mr M Gallop, Deputy Headteacher**

## Lightwater Valley

Year 9 students celebrated the end of KS3 with a fantastic trip to Lightwater Valley. Students enjoyed the day in the sunshine on a variety of rides from the gentle to the terrifying!

**Ms V Harris, Head of Mathematics**



# Duke of Edinburgh

## Duke of Edinburgh 2014

For me, I know the summer has arrived when the Duke of Edinburgh season is upon us and how good it is to see so many students taking part once again. This year we have 25 bronze, 15 silver and 4 gold students. The programme involves between 6 and 8 weeks of training and preparation for the expedition component which involves a mixture of theory and practical learning in the best classroom the school has to offer – its outside location! This year the weather was kind to us for both weekends and not too hot!

### Year 9 student perspective...

DofE was an amazing experience. It had a lot of highs but also a lot of lows. Our highlights were, friends being together, the food, arriving at the campsite and the teachers. It was a huge challenge for all of us to face but we couldn't have done it without the teachers' support and encouragement. There were many times we felt like giving up, especially on the day we walked for 11 hours due to getting lost, but we all worked together to motivate each other and get through it. It was a huge learning curve for us all as we are not outdoorsy people, especially getting used to all the wildlife.

Apart from a few midge bites and blisters we completed it with a smile on our faces!



Thank you to all the teachers that were involved.

**Ellie Harrison, Evie Clark, Jade Cahill, Caitlin Taylor, Beth Storey, Daisy Barker and Sarah Hayton**

**Well done** to all of the bronze students who were keen to learn new skills, test their relationships under the pressure that the expedition usually provides both physically and mentally, but perhaps the greatest quality that is developed in the youngster is resilience.

**Mr P Robinson, Outdoor Education & PE**



### Silver DoE

Experience counts for a lot and for me this is where the silver groups differ from bronze. As I arrived at the beautiful wild camp venue of Devoke Water near to Birker Fell, students were arriving and looked superb in terms of organisation and general efficiency of campcraft.

It is nice to see students becoming self sufficient which is a very important aim within this award! Well done to all concerned at silver level.

**Mr P Robinson, Outdoor Education and PE**

# Duke of Edinburgh

## Gold Duke of Edinburgh

You might consider it a daunting thought to go off for 4 days deep in the Scottish Highlands but that is exactly what Anya Rands-Trevor, Grace Wainwright, Esme Harrop and Hannah Clark will be doing during the weekend of the 10 to 14 July, they will all be a little nervous of what lies ahead. This is what adventure is all about and hopefully these girls will have a great story to tell on their return.

### Here are some of their thoughts during the preparation...

We are all taking part in the Gold Duke of Edinburgh Award scheme. Part of this we need to do a practice expedition to make sure that we are capable of doing the real thing. This took place on the 27 to the 29 June.

On the first day we walked 11 miles (17km) from Walna Scar car park to Devoke Water. We got here via Walna Scar and Ulpha Fell and were beginning to lose the will to walk any longer. Then we walked over the summit of Ulpha fell and saw Devoke Water. I don't think any of us have ever felt so excited to see water before. After a long day walking for a total of 9 hours we had put our tents up and cooked tea. We were all asleep apart from Esme when Mr Samson came to check and see if we were ok.

We woke up at 6.30 the next day and were off walking on the 10 miles (16km) we had to walk that day over Hesk Fell and Dunnerdale Fell. The navigation on this day was harder than the day before and because of this we were a little worried. We met Mr Robinson half way through the day when group morale was low and he told us to "man up" and sent us on our way. When we reached the summit of Dunnerdale fell we had to find the tarn to sleep next to. This task in itself was made difficult by the fact that the good weather had dried the smaller tarns up. When we finally found it and had put our stuff down and got the tents out it started to rain. Thankfully it cleared and the view was amazing and as we cooked tea and at around 8 o'clock we got a visit from Mr Robinson. After he left we were all on our own again and the heavens opened.

When we woke this time at 6 in the morning the weather was a little overcast to one side of the fell and bright sunshine to the other. We were packed and ready to go by 7.45. We checked the route, set a bearing and got walking the 9 miles (14km) we had to walk that day. The weather was ridiculously hot for that time of day but, morale was on the up and we were walking along and at a good pace. We found a stream where we filled our water bottle and set off again. When we got to the recognisable path of Walna Scar road we were so happy. We walked up to the top in 25 minutes and down in 45. This ended a great weekend with a great group of people. Our thanks go out to Mr Robinson for organising the trip.



And finally, thanks as always to all of the staff who help with the training, administration and general support at ground level during the expeditions. A huge thank you also goes out to all of the parents for your continuing support!

**Mr P Robinson, Outdoor Education and PE**

# Outdoor Education



## Year 10 Outdoor Education

The current Year 10 students ventured on to the fells above Hartsop village on the other side of the Kirkstone pass on Tuesday 24 and Wednesday 25 June. The group (left) were dropped off on Tuesday afternoon at the beautiful hamlet of Hartsop, they then made their way up to Angle Tarn before setting camp by the water's edge.

The weather was almost perfect, no rain and a light breeze to keep the midges away, and as Mr Tomes and I looked on at two peregrine's hustling a buzzard who appeared to be flying in their space, perhaps to protect chicks

on a nearby nest, we settled down for the night overlooking the group who were camped some 400 metres away.

I awoke at 6am only to find some of the group up and running whilst mulching breakfast in various forms. This was a particularly good thing because group momentum ensued which meant that they were all packed and ready to walk off the mountain by 7.45am! An hour or so later they were at the waterside of Lake Ullswater swapping their rucksacks for buoyancy aids ready for an 8 mile journey down the lake to Pooley Bridge.

Once again conditions were perfect as the overcast wind free conditions meant that nobody would overheat and that no energy would be wasted battling against the wind. Mr Tomes jumped on board his kayak to pursue the whole group whilst I drove the support vehicle along the lake road.

He said they were brilliant and I pretty much agree as they seemed to cruise the lengthy journey whilst looking very competent indeed. Well done to all of them and we look forward to the next expedition in February!

## The Lakes Adult Education Centre

**2014/2015 Programme - to request a copy of the full brochure or for further information contact the office on 015394 40836 or e-mail [adult.ed@lakes.cumbria.sch.uk](mailto:adult.ed@lakes.cumbria.sch.uk)  
An enrolment and advice evening is being held at The Lakes School on Tuesday 9 September from 16.00 - 18.30**

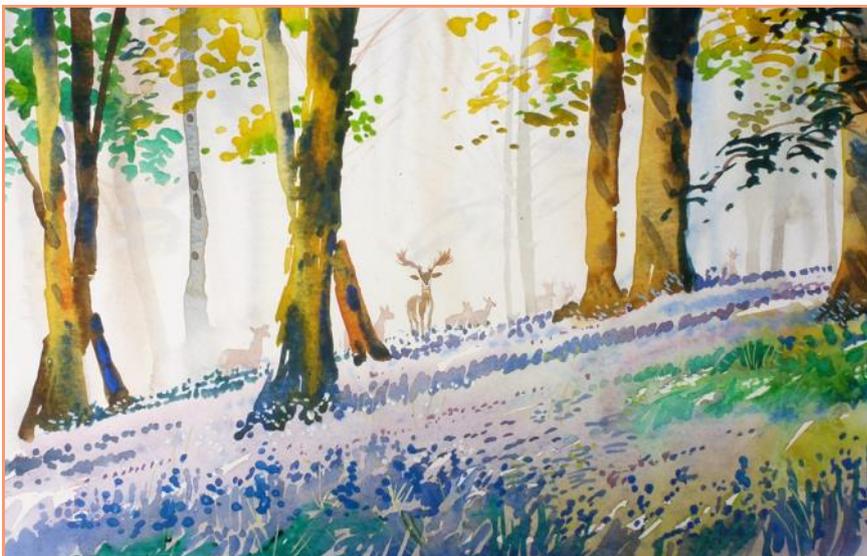


Image (left) by Peter Threlfall, Watercolour tutor, website: [www.threlfallsartstudio.co.uk](http://www.threlfallsartstudio.co.uk)



Above is an example from the creative textile art class.

# Awesome events at Brockhole this summer!

Survival skills

Archery

Rafting

Canoeing

Sounds of nature

Minibeast magic

Biking skills - free

## And more...

and even more...!

Treetop Trek

Treetop Nets (new)

Pony rides

Boat hire

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Look online  
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Lake District  
National Park 

**Brockhole**  

[www.brockhole.co.uk/lakes](http://www.brockhole.co.uk/lakes)

On the shores of Windermere on the A591  
SatNav LA23 1LJ

# NOTICE BOARD

Dates for  
your diary

## 2014

03 September

All students return to school

22 September

Year 6 Open Day

23 September

Year 6 Open Evening

23 October

Year 7 'Settling In' Parents' Evening

11 - 15 November

Performance of Miss Saigon

06 December

Christmas Fair

## Results Days

**A/AS - Thursday 14 August**

**A Level from 9.00am; AS from 9.30am**

**GCSE - Thursday 21 August - from 9.30am**